



ISHA

Virtual Education Programme 2020/2021
The Hip Preservation Society
August 2020 - May 2021

Our 9-month programme of leading hip preservation masterclasses and seminars including our virtual 2020 Annual Scientific Meeting

Save The Date - Live Webinar From Start to Finish: The Utilization of Multi-Phase Physiotherapy in Hip Arthroscopy

Saturday 19th September 2020 10:00 EDT New York | 16:00 CET Paris

Join our expert international faculty to learn and discuss the role and importance of a multi-phased, team-based approach to the various stages of hip arthroscopy. As the field of hip arthroscopy continues to rapidly grow and evolve, it has become obvious that the team approach to evaluation and treatment of our patients is critical. Within this, the multi-phased approach to post-operative rehabilitation is key. This grossly encompasses the pre-operative education and pre-rehab, the immediate post-op phase, the transitional phase, and ultimately the return to function phase. It is our desire to highlight the key elements to success in the pathway from pre-op to return to full function and the importance of the team approach in each of these critical time periods.

Program

10:00 EDT	Welcome from the ISHA Committee Chairs	
10:05 EDT	Course Overview & Faculty Introductions From Session Moderators	Professor Mike Voight, PT (USA) Dr Ryan McGovern, PhD, ATC (USA) Dr Allston Stubbs, MD (USA)
10.10 EDT	Being a “good picker” – The importance of patient selection, pre-operative rehab, and pre-operative patient education in successful hip arthroscopy Q&A	Dr JW Thomas Byrd, MD (USA) Dr Ashley Campbell, PT (USA)
10:30 EDT	Acute and sub-acute management of hip arthroscopy – laying the foundation for return to function Q&A	Professor Ehud Rath (ISR) Mr Liran Lifshitz (ISR)
10.50 EDT	Participant Discussion, Engagement and Insight Gathering Q&A	Moderators
11.00 EDT	Transitioning from rehab to sport – Lessons in load management and long term follow up Q&A	Professor John O'Donnell, MD (AUS) Professor Amir Takla, PT (AUS)
11:20 EDT	Panel Discussion and Summary	Moderators and Faculty
11.30 EDT	Close	

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