September 2020

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Welcome to the September edition of ISHA NEWS 2020. I hope you and your families have been well and are navigating your way safely through the Covid-19 pandemic.

We are proud to announce our society is in its 11th year. This is our second edition of the newsletter for 2020. This edition will include the ISHA annual committee reports and some articles we hope, you will find stimulating. I would like to express my thanks to the editorial sub-committee Vikas Khanduja, Addenbrooke’s, Cambridge University Hospitals NHS Trust, UK and Associate Professor Marcelo Queiroz from Santa Casa de São Paulo Medical School, São Paulo, Brazil and Jonathan Hutt, University College London. ISHA also appreciates and thanks all the contributors of this newsletter. I would also like to take this opportunity to thank ISHA for the enormous privilege, to have been the ISHA newsletter Chairman over the last five years. Sadly, this edition will be my last one, to allow me adequate time to prepare the Scientific Programme for the ISHA meeting in South Africa in 2023. The new newsletter chairman will be announced later this year.

ISHA would like to take this opportunity to thank our President Michael Dienst for his great leadership during the Covid-19 pandemic. This year Dr Dienst discusses the impact of Covid-19 pandemic on our society. Dr Dienst has shown great leadership in supporting our society pivot quickly to provide a virtual educational programme for 2020 /2021. Dr Dienst is delighted to advise the membership of the great attendance and success of ISHA’s first virtual initiative, the “May Blitz of Hip Preservation”. Dr Dienst is also pleased to announce there will be multiple further free virtual educational meeting for our membership.

Covid-19 has resulted in the shutdown of multiple conferences all over the world. As a result, education has changed dramatically, seeing a significant rise in e-leaning in the form of webinars. There is some research now emerging showing that online learning can increase the retention of information. As an ISHA member you will be aware that ISHA has adjourned the Annual Scientific Meeting by one year in Ottawa to 2021. In the meantime, ISHA is pleased to announce there will be a virtual annual scientific meeting on the 1-3 October 2020. The meeting and will be hosted by the scientific chairman Distinguished Professor John Clohisy MD and host chairman Professor Paul Beaulé. For further details of the scientific programme please visit the ISHA website.

This year, we are proud to welcome Dr Filiep Bataillie as our membership committee chair. Dr Filiep Bataillie on behalf of ISHA is pleased to announce our membership currently spans 49 different countries with 481 members in good standing.

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Reading has become more popular than ever during Covid-19. This year Ajay Malviya provide articles commentary on the two most popular read journal articles published in the Journal of Hip Preservation Surgery (JHPS).

Providing the best medical education remains a keystone commitment to our ISHA members. Dr John J Christoforetti, Chairman of the Education committee shares with us how the ISHA education committee in 2020 restructured to include several task forces such as the editorial, fellowship, newsletter, annual general meeting and the academy module. Dr Christoforetti reports on how the committee responded to the pandemic in order to provide ongoing education to our membership, via virtual educational meetings throughout 2020 and 2021; the first of a series of virtual webinars was the ‘May Blitz’.

ISHA remains committed to developing, contributing and leading the way towards the deeper understanding of hip preservation. This year we hear from our Research Chairman Dr Hal Martin reporting on some recent work on current books, papers and guidelines on hip preservation.

Online learning has become more and more common, whether for comfort, adapting to work hours or just having the freedom to learn from anywhere. With the coronavirus pandemic, as people are having to stay at home, it has become more important than ever. This year we hear from the Academy committee Chairs Nicolas Bonin and Femi Ayeni who are putting in measures to improve the membership experience with online learning via the ISHA Academy Module. All healthcare workers including physiotherapists have a vital role to play in the global efforts to manage the impact of this disease. Due to the postponement of the congress in 2020, the physiotherapy educational committee led by Associate Professor Amir Takla and Professor Michael Voight are running a free educational webinar in September 2020. Preparations for the 2021 annual scientific meeting are also underway having secured a number of well published physiotherapist to share their work to our members. Finally, Associate Professor Amir Takla and Professor Michael Voight are pleased to announce the Delphi project focusing on assessment and treatment for patients undergoing FAIS surgery has been submitted for publication.

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Social networks have become an important health resource, and not just for millennials. We now know, approximately 90% of older adults have used social media to find and share health information. Derek Ochiai reports this year that ISHA Social Media has undergone massive growth in the past year. The ISHA Twitter account, @ISHASociety, followers have increased more than 50% in the past year, to more than 1060 followers as of July 2020.

Moving onto the Non-Arthroplasty Hip Registry (NAHR) in the UK which was launched by the British Hip Society in 2012 and has seen an annual increase in the users. Dr Vikas Khanduja showcases the outcomes in hip preservation surgery. Dr Khanduja also reflects on his time being the Chairman of this vibrant Committee over the past three years.

ISHA has been able to rapidly pivot to novel forms of continuing medical education. Dr Jonathon Hutt eloquently provides commentary on how this began with a ‘May Blitz’ of hip preservation sessions delivered in the form of interactive webinars, a form of education which is now rapidly becoming ‘the new normal’ for all of us.

Meanwhile in Asia, Professor Soshi Uchida provides us with an account of the 2nd Asia Pacific Hip Arthroscopy regional meeting held on April 4th and 5th in Kitakyushu, Fukuoka, Japan.

For the first time we hear from our ISHA newsletter committee on the results of a survey, evaluating the impact of Covid-19 to our ISHA membership. I on behalf of the newsletter committee would like to thank everyone who participated in this survey. According to the World Health Organization (WHO) data at
the time of writing this editorial, WHO reported the United States of America had 5,719,841 positive cases of Covid-19 with 177,332 deaths. In this edition of ISHA NEWS, we hear from the United States of America, Benjamin G. Domb, MD and Andrew E. Jimenez, MD regarding “Establishing the New Normal in Orthopaedic Surgery: Precautions and Guidelines for the Management of Orthopaedic Patients in the Covid-19 Era”.

Along the same theme, the WHO data reported the United Kingdom had 328,850 positive cases of Covid-19 with 41,465 deaths. This year we hear from our ex-president Dr Victor Ilizaliturri. Dr Ilizaliturru provides an account on the Mexican experience with hip arthroscopy during the Covid-19 pandemic and he also shares an insightful and personal reflection.

Finally, according to the WHO data, Mexico had 568,621 positive cases of Covid-19 with 61,450 deaths. This year we hear from our ex-president Dr Victor Ilizaliturri and Tom Sampson provide a global prospective drawing from their vast experience.

Now turning away from the theme of Covid-19, surgical techniques and approaches undertaken by the majority are often perceived as better with no real basis for this assumption. This year we hear about some of the advantages of performing hip arthroscopy via the lateral position rather than the much talked about supine position. Professor Damian Griffin, Mike Muldoon, Mat Brick, Professor John O’Donnell, Victor Ilizaliturri and Tom Sampson provide a global prospective drawing from their vast experience.

Finally, we have an education update article from Dr Javier Besomi in Chile on hip arthroscopy in pediatrics: advances and evidence-based practice.

Wishing you and your families a safe passage through this pandemic and look forward to see you all in Ottawa next year!

Parminder J Singh MBBS, MRCS, FRCS (Tr&Orth), MS, FRACS
Editorial Committee Chairman of ISHA - The Hip Preservation Society
Greetings from the ISHA President 2020

Michael Dienst

Dear ISHA Members, Friends and Colleagues

It appears that the world is no longer the same and it will not be the same until we have found a reliable and effective vaccine against Covid-19. The virus has impacted many of us, both at work and at home. Some areas of the world are still deeply involved in the first wave of the pandemic. Others have successfully defeated the first blow but are now experiencing a renewed increase in the number of infections. Your partners and friends at ISHA hope that you, your families, and your colleagues are well and safe in these challenging times.

The pandemic has left its mark also on hip preservation. Our surgical and non-operative volume has been significantly reduced during the lockdown, and the after-effects are still clearly noticeable. Almost all scientific meetings and instructional courses taking place in different parts of the world have been canceled or rescheduled, including our own Annual Scientific Meeting. As announced at the beginning of April, our ASM is postponed until next year and will be held from Tuesday October 12th to Friday October 15th 2021 at the Shaw Centre, Ottawa, Canada, chaired by the Host Chair Paul Beaulé and Programme Chair John Clohisy. Further information on next year’s meeting, abstract submission, the venue, travel and accommodation is available at https://ishaconference.com/2020-isha-annual-meeting/

Due to the current absence of physical meetings, there is an increased need for virtual exchange of knowledge and education. Particularly in hip preservation, where the discovery of new pathologies and the development of new techniques are probably at the top of the lists in orthopaedics and sports medicine. The great attendance and success of our first virtual initiative, the “May Blitz of Hip Preservation”, supported by our Diamond Level Corporate partners Arthrex, Conmed and Smith & Nephew, was a strong signal to continue with such activities.

ISHA is now following up on this success by developing an extensive programme of virtual education during this membership year 2020/2021. We already started with our first open access webinar on Our own Annual Scientific Meeting. As announced at the beginning of April, our ASM is postponed until next year and will be held from Tuesday October 12th to Friday October 15th 2021.