

# ISHA NEWS



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# Editor's Welcome

Thomas H. Wuerz,  
MD, MSc, FAAOS  
Chair of Newsletter Committee



Dear Friends and Colleagues!

Welcome to the Summer 2021 edition of the ISHA Newsletter. I hope all of you, your families, and friends have been well throughout this difficult past year and safely navigating the pandemic.

We have certainly all seen our lives significantly affected by the pandemic but hoping to see some improvement with vaccinations being more widely available. The late spring and summer so far have shown some improvements, but the impact of delta variants and potential further variants with higher transmission rates and possible less protection from vaccines remains to be seen. Let's hope the fall and winter will be better this year.

I would like to thank Parminder J. Singh for his wonderful contributions and leadership for the newsletter for the previous five years. I would also like to thank him for his generous support and assistance transitioning the newsletter Chairmanship to me.

ISHA also appreciates and thanks all the contributors to this newsletter and thank you as well to Caroline Mackenzie for her assistance in creating this newsletter and helping with securing all the contributions in a timely fashion.

As you will have realized we had to hold off on the spring edition while we had to adjust for the status of the annual meeting. Due to the great foresight and leadership of our current president Mr. Tony Andrade and the unconventional support and creativity of Allston J. Stubbs, T. Sean Lynch and Kevin Plancher, the annual meeting will take place in collaboration with OrthoSummit in Las Vegas this December!

In that sense, ISHA would like to thank our President Mr. Tony Andrade for his great leadership through the ongoing Covid 19

pandemic. His comprehensive President's Report can be read after this Welcome.

John Christoforetti, our chair of the ISHA Education Committee, as always provides us a comprehensive report on the extensive activities that have been developing over the past year. Task Forces have been established including Traveling Fellowships, Editorial, AGM, and Newsletter. I won't spoil it here, but needless to say, there has been a plethora of activities and events to be proud of.

The Research Report by our Research Chairman Hal Martin brings us an update on ongoing projects and their progress. To name a few, the ISHA Hip Anatomical Atlas, progress on the creation of a US non-Arthroplasty registry by Marc Safran, and an IRB bank to facilitate study reproduction are highlighted.

A focus is on developing structured online learning tools that include micro modules, "masterclass" courses, and interactive cases with evaluative feedback such as quizzes.

The Academy Committee chairs Nicolas Bonin and Femi Ayeni are providing an update on the tremendous achievements and progress that has been made over the last year. The committee is in the process of building formidable online learning tools that will bridge the educational gap between each annual meeting.

A focus is on developing structured online learning tools that include micro-modules, "masterclass" courses, and interactive cases with evaluative feedback such as quizzes. Further, global hip rounds are being developed in which unique and challenging cases are discussed in an online forum seeking both expertise and evidence informed decision-making.

Amir Takla and Mike Voight provide an excellent summary and report of the outstanding work the ISHA Physiotherapy Group has done over the last year highlighting not only webinars but also a consensus document by the group accepted for publication in the Journal of Hip Preservation Surgery.



Together with Ashley Campbell both of them also have an excellent contribution later in the newsletter on hip rehabilitation: More Than the Glutes – Key Considerations for Successful Hip Rehabilitation. A very insightful and helpful article. Thank you!

As the chair of the ISHA Regional Societies Committee ASIAN Group, John O'Donnell gives us insight into the virtual meetings in the region that were largely organized by individuals, small groups and/or facilitated by industry sponsorship. Based on the report, due to financial constraints, ISHA seemed to have had limited success engaging this region virtually.

For the LATAM Committee Marcelo Queiroz provides an update on an ISHA Regional Meeting held as a successful webinar. It had an international audience with a focus on Spanish and Portuguese speaking countries providing a wonderful opportunity to strengthen ISHA's commitment to the Ibero-American community.

The ISHA Social Media Update by Derek Ochiai highlights again the continued strong growth of our social media presence. This is in large part a tribute to Derek's tireless efforts and we are grateful for his dedication and wit.

A new section in the newsletter is to provide a forum exhibiting some of the numerous national and international research groups focusing on hip preservation. The idea is to inform our membership on all the wonderful research activities that are going on helping us and our patients to further our field and see what might be on the horizon.

In this edition we start with the ANCHOR Study Group and the Steadman Philippon Research Institute.

On behalf of the ANCHOR Study Group, Jeffrey Nepple and John Clohisy give us insights on the history of this group, the tremendous ongoing projects and an outlook what may be coming.

On behalf of the Steadman Philippon Research Institute in Vail, CO, Karen Briggs gives us an update on the current hip research being performed there. This includes an exciting update on how losartan may help improve cartilage repair and on further research of the benefits of orthobiologics. ISHA is also grateful to Professor Soshi Uchida and Mr. Jonathan Hutt to provide the membership with a Covid update from Asia and UK/EU respectively.

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Related to this, Benjamin Domb and Benjamin Saks provide a very insightful update on the impact of Covid-19 on Orthopaedic Surgery Practice and how to adapt a practice successfully to the specific challenges posed by the pandemic.

As a means to emphasize our partner organizations, Vikas Khanduja also reports to us on the success of the 19th ESSKA Congress. The summary of the program demonstrates to us the strong hip focus that was present.

Vikas Khanduja and Tony Andrade report on the results of the membership survey regarding the Global

Hip Preservation Registry, a very exciting and important project. Briefly, the results indicate that the members are keen on the idea of a global registry and would support it by submission of data to the registry. The ISHA Board have added their support to establishing this Global Registry and have already been able to secure some initial funding for it.

Now that there is a mandate by the membership, and the ISHA Board, ISHA will start to invest in the infrastructure, personnel and logistics to support the creation of a Global Registry which will allow monitoring of outcomes of our patients and advance hip preservation surgery in a scientifically robust manner.

Throughout the last year ISHA continued to offer its membership a variety of online educational content in the form of e-learning webinars. Due to continued restrictions, the annual meeting in Ottawa had to be canceled again, unfortunately. Thank you to scientific chairman Distinguished Professor John Clohisy and host chairman of Professor Paul Beaulé for all their time and hard work. Information on the combined meeting with OSET in Las Vegas in December can be found near the end of the newsletter.

Wishing you, your families, and your friends all the best in these difficult times and that all of you may get through this safely and healthy. Look forward to seeing many of you in Las Vegas this December and at the latest in Glasgow 2022!

**Thomas H. Wuerz, MD, MSc, FAAOS**  
Chair of Newsletter Committee

# Dear friends, colleagues, ISHA members and fellow hip preservation enthusiasts...



As March 2021 came and went it was important to reflect on how life and the world has changed over the last twelve months. The Covid-19 pandemic has affected us all. For some it has been on a very personal level leaving potentially long-lasting effects. For others it has been more indirectly affecting but nevertheless still potentially having a profound impact.

ISHA has always prided itself on being a family, and it has been comforting to see how during these difficult times the ISHA family has rallied round to provide support to others. This has not only been in the form of educational support with our ongoing virtual education program, but also on a more personal level with support for those who may be going through a period of isolation or may even be going through a period of intense involvement with or redeployment due to the pandemic.

ISHA is a global community and we have witnessed over the last 15 months or so how in some parts of the world the effects can seem to be easing off whilst in other parts of the world it is hitting harder than ever. Our thoughts are with all ISHA members who are being affected by these world events.

## **Virtual Education Program**

Our committees have been busy throughout these times, and none more so than the educational

committee and its sub-committee the Academy committee. The virtual education program instigated by our immediate past president Michael Dienst and delivered by John Christoforetti has been a huge success. It has delivered high quality educational content and the webinars have all been well attended. All webinars have been recorded and have then become available to watch on the Academy module of our website. If you have missed these, then please do take the time to browse through the content on the Academy module and enjoy these valuable educational opportunities.

Our live surgery events, in collaboration with Proximie have been a huge success and we have been able to see not only arthroscopic and endoscopic procedures but also open procedures. Dr Jovan Laskovski started things for us with two wonderful endoscopic cases - a gluteal repair and a hamstring repair. We have then been fortunate enough to have some great arthroscopic

cases including a labral reconstruction case from our live surgery supermoderator Dr Ben Domb. We were then invited into the operating room of Dr Jit Balakumar for an amazing periacetabular osteotomy case where his use of 3D modelling demonstrations at different stages of the open surgery really enhanced the viewing experience. All of these live surgery events are also on our Academy module.

Our Partnership with Proximie dates back to 2018 and has really come into fruition over the last year. Here is a link to an article on our partnership with Proximie. <https://medium.com/the-link-by-proximie/proximie-x-isha-the-evolution-of-an-educational-tool-995032cd2714>

We look forward to an ongoing partnership with this award winning organisation.

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## ISHA committees

Our committee chairs report on their activities later in this newsletter. There have been some changes to our committees already this year and some further changes will take place later this year as some of our committee members reach the end of their terms of office.

I would like to start by thanking Dr Tom Wuerz for taking on the role of editor of our newsletter at an extremely busy time for most of us. Dr Parm Singh has been publishing our newsletters over the last few years and I thank him for his superhuman efforts in getting all the contributions in on time to meet publication deadlines. I would also like to congratulate him for now taking on the role of education committee chairman, this latter role having been vacated by Dr John Christoforetti who has been groundbreaking in that role establishing and delivering our Virtual Education Program. Dr Christoforetti had also been voted into the role of general secretary and can now focus wholeheartedly on that. Thank you, Dr Christoforetti, for all that you continue to do for the society.

Dr Hal Martin has made a huge impact in the research committee despite the frustration of funding shortages, and I thank him for all that he has done for the society over the years. He leaves a stable infrastructure that Dr Femi Ayeni, the new chair of the research committee can now build on to expand our research outputs, and hopefully deliver a number of publications for the society.

Our treasurer Dr Hassan Sadri has been in that role for the society since it was formed. He has been the financial guardian of the society and we thank him for all he has done to keep us financially afloat even in the troubled times of the pandemic. His term as treasurer comes to an end this year, and we shall be announcing his replacement at the Annual General Meeting in October 2021.

Amir Takla and Mike Voight have continued their hard work with the Physiotherapy committee and have produced their first publication. They are now working on several

other projects that may also lead to further publications.

Dr Marcelo Queiroz, the chair of our communications committee, is leading on an initiative to produce patient information leaflets on the common conditions we see. There are also plans to potentially launch a patient forum and perhaps even a series of Webinars for patients.

If any of our members wish to join any of our committees, please do get in touch!

## Charitable donations

Please do remind patients and colleagues that we do welcome charitable donations and these can be processed through a portal on our website.

## Training in Hip Arthroscopy

There are plans to launch a trainee forum, in an attempt to maximise training opportunities globally. The technological advancements we have seen in recent years will undoubtedly help with this even whilst travel restrictions are in place. We have already seen how Proximie can maximise the remote live surgery learning opportunities, and recently Precision OS have demonstrated how their VR technology is a very important learning tool in hip arthroscopy that can aid the trainee surgeon to gain competence in certain tasks. We hope to be able to partner with Precision OS too, to help deliver better training opportunities to our associate members.

## Partner societies

As many of you will know we have an existing partnership with ESSKA, and through that ISHA members enjoyed a discount in registration fees for the ESSKA conference in May 2021. This was an excellent meeting despite it being a virtual meeting this year.

We have also been in discussions with the Brazilian Hip Society (SBQ) and (SLARD) The Latin American arthroscopic society to forge partnerships with those societies too. We will share more details on those once the partnerships are formalised. Furthermore, we are also in

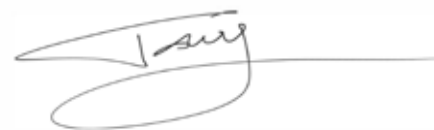
discussions with the Arthroscopic Association of North America (AANA) as to how we might be able to partner up on educational activities, and this is a work in progress.

Through Dr Al Stubbs we have also been able to forge a link with Orthopaedic Summit (OSET) and this has been particularly important for us this year, as with the news that we would not be able to hold our Annual Scientific Meeting in Ottawa in October, due to Covid-19 issues, we were then able to reconfigure to hold a blended meeting with OSET in Las Vegas in December 2021. We are extremely grateful to Dr Kevin Plancher for this opportunity and to Dr Al Stubbs for facilitating this for the society. We do hope that travel restrictions will have been lifted so that we will all be able to travel to Las Vegas in December. Hopefully see you all there!!

## Annual general meeting

Even though an in person annual scientific meeting (ASM) will not be taking place in October this year, we do still plan to hold our traditional annual general meeting (AGM) in October. Preceding this there will be an ISHA general board meeting, and we will then share updates from this at the AGM, the date of which will be announced very soon. Please do try to join us for this to ensure familiarisation with the society's plans. The education committee is currently working on whether we might have some sort of virtual meeting in October for the scientific papers and trainee presentations. One option being considered is then for the winning presentations from that to then be presented in person at the ISHA/OSET blended meeting in December.

**I do hope you enjoy reading this edition of the ISHA newsletter, and I look forward to seeing as many of you as possible in December in Las Vegas.**



**Tony Andrade, MSc, FRCS (Orth)**  
President of ISHA  
The Hip Preservation Society