



Winter 2021



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Editor's Welcome

Thomas H. Wuerz, MD, MSc, FAAOS
Chair of Newsletter Committee



Dear Friends and Colleagues!

Welcome to the Winter edition of the ISHA Newsletter! I hope all of you, your families, and your friends have been well throughout the rest of this year, safely navigating the pandemic! For a while throughout the summer and early autumn things seemed a bit better, but the Delta variant has certainly complicated the overall situation. And now we also have to contend with the Omicron variant, with unclear implications at this point. There will likely be many more variants to deal with and COVID will become endemic and remain a part of our lives.

We are looking forward to the combined ISHA and OSET meeting in Las Vegas at the end of the week! It is thanks to the foresight and leadership of our outgoing President Tony Andrade and the incoming President Al Stubbs that this exciting meeting will happen! We hope to see many of you make the trip so we can see each other again and share our mutual passion for hip preservation.

I want to thank Caroline Mackenzie, Nicola Bogle and their team for their tremendous help putting together this newsletter. ISHA also appreciates and thanks all the contributors to this newsletter and for their work on all their respective committees.

The timing for the publication was set to be right before the upcoming combined ISHA/OSET meeting facilitated by the excellent foresight and work from our outgoing President Tony Andrade, our new President Al Stubbs, the support of Kevin Plancher, and also the tremendous work by Brian Busconi and T. Sean Lynch. We are all looking forward to an exciting meeting taking place

under the utmost health and safety protocols in place to mitigate and minimize COVID risks.

With regards to this newsletter, Filiep Bataillie's Membership Committee report will provide some great updates and news on our positive membership trend despite the pandemic, but will also highlight some fabulous membership benefits.

Parminder J. Singh is providing us with an update on all the outstanding achievements from the ISHA Education Committee. He nicely highlights the great virtual events and virtual education throughout the pandemic, but also the fact that the Annual Scientific Meeting will be delivered in two parts this year, with the Annual General Meeting which took place in November and the second part in partnership with the OrthoSummit in December. Great thanks to John Clohisy for putting together an excellent program. A big thank you is extended as well to the members of the Virtual Education Task Force, with Nicolas Bonin, Olufemi Ayeni, Brian Giordano, and Benjamin Domb.

From within the Education Committee, the Patient Information Committee was recently formed with Marcelo Queiroz as the Chair. The goal is to develop material and activities to expand ISHA's role in patient education. Patient information will be based on three pillars, comprising patient resources, research in patient information and education of ISHA members on how to effectively inform patients. Given the size of this hugely important but large task ahead, the ISHA General Board ratified the creation of this new committee dedicated solely to patient information.

"New ISHA website coming soon!" – This is the headline of Marcelo Queiroz's update as Chair of the ISHA Communication and Technology Committee. Substantial progress has been made to design a more modern and user friendly ISHA website. The Website Redesign Task Force is currently working on updating the large amount of content. The goal is to have the new website online by the spring of 2022.

Olufemi Ayeni then reports on the critical developments and progress of the ISHA Research Committee. The Research Committee was founded to encourage international collaboration and advance hip arthroscopy research and education. Currently its members include Dr. Olufemi R. Ayeni (Chair) (Canada), Dr. Luis Perez Carro (Spain), Dr. Yi-Sheng Chan (Taiwan), Dr. Andrea Fontana (Italy), Dr. Joanne Kemp (Australia), Dr. Naomi Kobayashi (Japan), Dr. Renato Locks (Brazil), Dr. Bent Lund (Denmark), Dr. Ajay Malviya (United Kingdom), Dr. Chad Mather III (United States), Dr. Rob Roy Martin (United States), Dr. Benedict Nwachukwu (United States), and Nicole Simunovic (Canada). The idea is to assist with the development of and/or initiating areas of research in hip arthroscopy; supporting multi-centred, international research projects; advancing research education in the field; and promoting and evaluating funding opportunities for this research. The Committee is also planning a Virtual Research Fellowship in the Spring of 2022. These are all exciting developments. Stay tuned on more to come from this all-star team.

Seemingly never tiring, Olufemi Ayeni is also reporting with Nicolas Bonin on the updates from the Academy Committee. They highlight the immense progress being made in order to improve access to the high-level content and make the interface more user friendly by re-designing the website. Furthermore, the addition of substantially more content is a quite wonderful achievement. Following their report, information is provided on how to submit content to the ISHA Learning Academy.

Soshi Uchida is providing his report as Chair of the ISHA Regional Societies Committee – Asia Group. Apart from focusing on his own shoelace technique, he provides updates on activities pertaining to the Asian Society of Hip Arthroscopy and its particular efforts concerning hip instability.

Next, Marcelo Queiroz, in his capacity of Chair of the ISHA Regional Societies Committee – LATAM Group, presents the great progress that has been made developing partner society agreements between ISHA and SLARD – Sociedad Latinoamericana de Artroscopia, Rodilla y Deporte (the Latin American Society of Arthroscopy and Sports Medicine) and the Brazilian Hip Society, SBQ (Sociedade Brasileira de Quadril). This is very important for ISHA since South America is very well represented in its overall membership, and the collaboration will provide additional member benefits.

As part of our effort to highlight different research groups and their work throughout the world, in this edition of the newsletter Dominic Carreira is highlighting the Multicenter Arthroscopy Study of the Hip (MASH) Group. He focuses on past projects and future goals.

At this point, I would like to also invite any member who is part of a research group to reach out to the ISHA Office to submit their group's information to be considered for inclusion in future newsletters.

For the next section, Amir Takla and Mike Voight share their ISHA Physiotherapy Group Progress Report. They should be congratulated on the resounding success of the consensus documents that have been developed, but also on the ones that are currently in development. The first international consensus document is on the diagnosis and treatment of Femoroacetabular Impingement Syndrome. Two further consensus documents are in development currently, focusing on Periacetabular Osteotomy (PAO) and Greater Trochanteric Pain Syndrome (GTPS).

It is also with great pleasure that the report of one of our current ISHA Traveling Fellows, Chris West, can be included here as well. He is sharing his experience and some pictures of his travels. He had the

opportunity to visit multiple sites in the UK, Switzerland, and the US.

Our new treasurer, Nicolas Bonin, then gives a brief introduction to his three main goals to keep balanced finances, optimize resource distribution to serve ISHA's goals and mission, and continue to have adequate reporting and accountability. Many thanks to Hassan Sadri for many years of exceptional work and dedication as the previous treasurer!

Next, Paul Beaulé introduces himself as the nominee to the ISHA Presidential Line. Paul has been on the Executive Committee for six years and we are looking forward to his further leadership for our organization.

After that, outgoing President Tony Andrade provides us with some context and background on Proximie and the collaboration with ISHA. The report highlights how the platform has helped aid knowledge sharing and best practice across the Society, providing an additional outstanding tool for education and helping our mission to be the premier resource for education in our field.

Lastly, this edition includes some initial information on the exciting plans taking shape for ISHA's next Annual Scientific Meeting in Glasgow, UK, on 13-15 October 2022. Don't forget to note the key dates.

Wishing you, your families, and your friends all the best in these (continuing to be) difficult times and that all of you may get through this safely and healthy. I look forward to hopefully seeing many of you in Las Vegas at the end of this week, and at the latest in Glasgow in 2022!

Happy Holidays!

**Thomas H. Wuerz,
MD, MSc, FAAOS
Chair of Newsletter Committee**

Welcome from incoming ISHA President Dr. Allston Stubbs



Dear ISHA Membership,

Welcome to our latest newsletter, Winter 2021, full of the latest content on your Society and the world of hip preservation. As many of you are reading this, I hope that you and your families remain safe and well during interesting times. Thank you very much for your membership and support.

First, please know that your Society's leadership is here for you. We do our best to represent your interests and needs as they pertain to your commitment to hip preservation. We recognize how hard each of you

works on a daily basis to serve your communities and deliver the most advanced hip care. Our Executive Director, Caroline Mackenzie, and the Board are at your service.

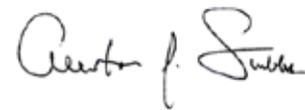
Second, Tom Wuerz and his editorial team have put together a captivating issue of our latest newsletter. This newsletter represents you and your Society with all of our efforts to educate our colleagues and our patients on the value of hip preservation. The highlights of this latest edition comprise your Society's activities in research, education, and membership events. Please enjoy and let us know future topics that would be of interest to you.

Third, we welcome Paul Beulé of Canada as 2nd Vice President. A big thank you to Paul and John Clohisy for their work to deliver on education in 2021— both virtually in November and as a live programme in December in Las Vegas. Further recognition goes to our Diamond Corporate Sponsors: Arthrex, CONMED, Stryker, and Smith & Nephew who share our

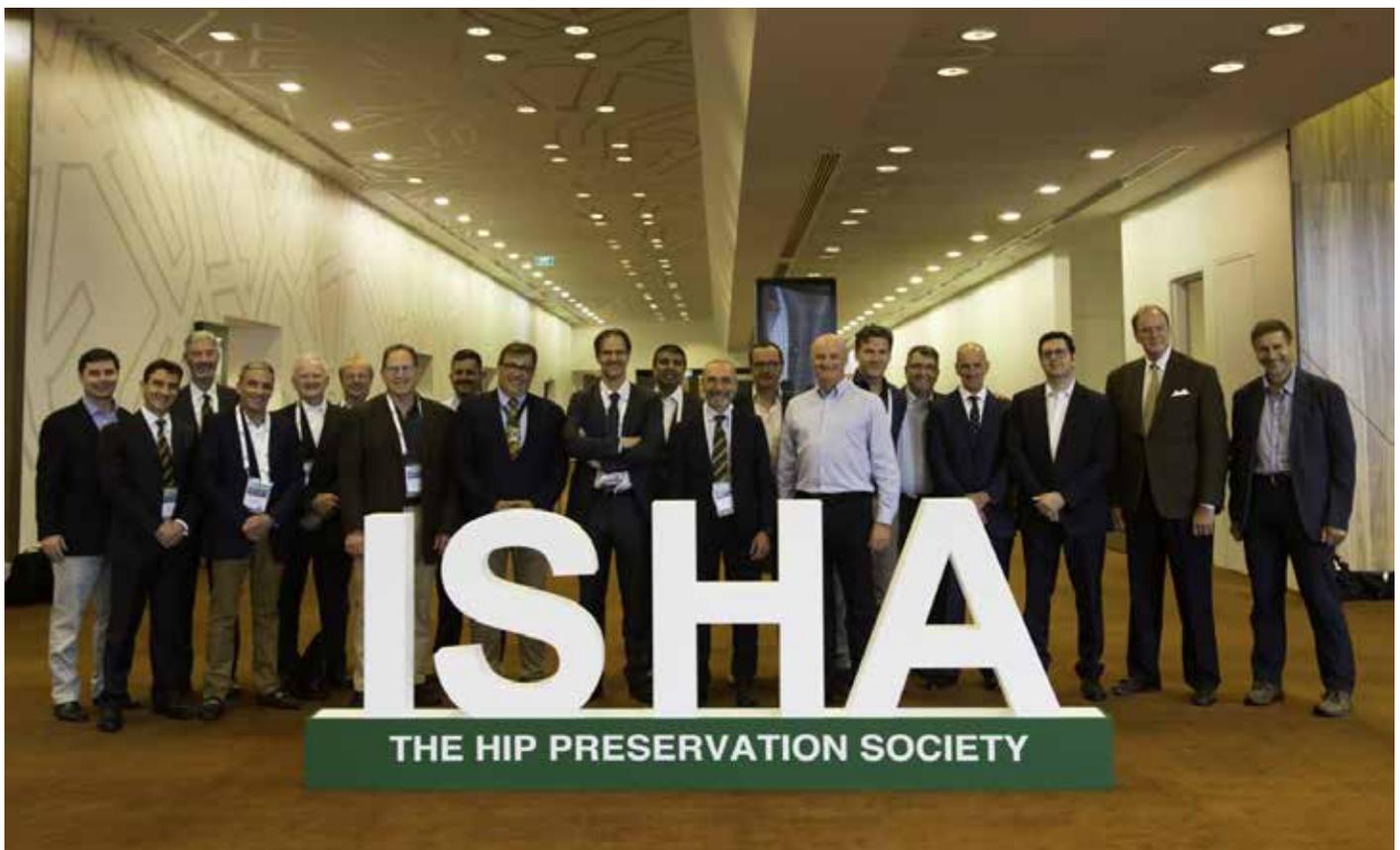
common vision for excellence. We are excited to see many of you at this live event this month. Be sure to save the date for 2022 ISHA Glasgow Oct 13-15 which is a can't miss ISHA event of the best in hip preservation education led by Vikas Khanduja and, of course, Scottish hospitality — prepare your kilts, tartans, and plaids!

Finally, I would like to thank our immediate Past President Tony Andrade and some of our outgoing board members, Hal Martin, Hassan Sadri, Marc Philippon, Marcelo Queiroz and Martin Beck, for their years of service and immeasurable contributions to our Society. To these leaders and our past representatives, we are indebted for your indelible marks on the ISHA culture of friendship, service, and innovation.

Faithfully yours,



AI



A word from outgoing ISHA President

Mr Tony Andrade



Dear friends, colleagues, ISHA members and fellow hip preservation enthusiasts,

As my term as President comes to an end, I reflect back on how the pandemic has continued to affect us all, both on a personal level and also on a professional level. I sincerely hope that you and your families have all remained safe and well, and that the pandemic has not touched you too closely!

As the world now seems to be opening up again and international travel finally has resumed, we can look forward to the opportunity to meet up in Las Vegas for an in-person meeting. Dr Kevin Plancher and the OSET team have been extremely accommodating and have welcomed ISHA with open arms. I have thoroughly enjoyed working closely with the OSET team to develop and deliver the blended OSET/ISHA meeting. I congratulate our new president Dr Al Stubbs for all the hard work he has put into the OSET program and Dr John Clohisy for his agility with adapting his Ottawa program into the new ISHA/OSET program.

I would like to thank everyone on the ISHA Executive Board for the much-needed support they have provided me, and their tireless work over the last twelve months.

I am also grateful for the counsel of the Past Presidents, who have provided great wisdom and experience to help us steer ISHA in the right direction. There have been some very difficult decisions to make, and we have worked very closely and at times late into the night (or very early in the morning...) to ensure that ISHA's future could be secured in the best possible way.

A special thank you also to Caroline Mackenzie for her superhuman efforts this year. Many hours at all times of day and night have been spent keeping ISHA and its events on track. Caroline has gone way above and beyond what we could have reasonably expected from her. Thank you, Caroline!

The ISHA Presidents

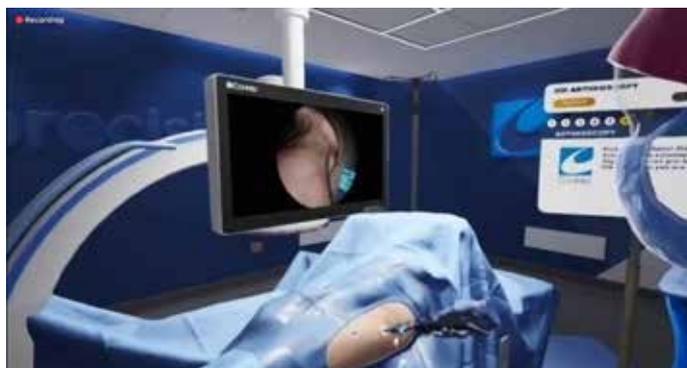


A major focus for this year was to provide value to the membership despite the pandemic restrictions and attract new members through our online activities. It is a real credit to the educational committee and the chairs, initially Dr John Christoforetti and then Dr Parm Singh, that they delivered such a high-quality virtual education program that our membership actually increased this year!

The super-moderators Dr Brian Giordano (for the webinars) and Dr Ben Domb (for the live surgery sessions) have also played a very important part in the success of the program. Open Audience and Proximie have partnered with us to deliver these educational opportunities and have provided us with the content for the Academy Module that allows for the archiving of these sessions so they can be viewed again and again.

We have also been successful in forging partnerships with other International Societies this year. We already had a partnership with ESSKA that has provided great opportunities to our ISHA members. This year with the help of Dr Marcelo Queiroz we have been able to forge partnerships with SBQ (the Brazilian Hip Society) and with SLARD (the Latin American Arthroscopy Society). Al Stubbs and I were invited to present at their meetings this year, and we look forward to ongoing collaborations with them well into the future.

One other very important collaboration for ISHA is the opportunity to collaborate with Precision OS. For those who don't know of Precision OS, they provide an immersive virtual reality training opportunity which will be invaluable to our trainees. Whilst simulator training will still be important, that experience is limited to the time that can be spent on the simulator, wherever that may be based. The appeal of the immersive VR training is that this can be done from the comfort of your own home, and you can spend as much time as you might want on it to hone your skills. This is such a fantastic system!



It has been a huge honour for me to serve as the 12th ISHA President, and as I now hand over the Presidency to Dr Al Stubbs I feel confident that ISHA has a bright future ahead and will continue to deliver on its mission to be the premier international society for education and research in hip preservation.

For those of you heading to Vegas for the OSET/ISHA meeting, I look forward to seeing you there, where we will enjoy a rich educational program and hopefully also some fun with all the planned social activities. For those who cannot make it to the meeting I wish you and your families all the best in the run up to Christmas and hope to see you all in Glasgow next October!!

A handwritten signature in black ink, appearing to read "Tony".

Tony

For those who don't know of Precision OS, they provide an immersive virtual reality training opportunity which will be invaluable to our trainees.
