



Spring 2022



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Details of new partnerships



Instructions for submission of member content to ISHA Academy



Save the date: New ISHA virtual fellowship



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Editor's Welcome

Thomas H. Wuerz,
MD, MSc, FAAOS
Chair of Newsletter Committee



Dear Friends and Colleagues!

I hope this finds all of you, your families, and your friends well. Since the last newsletter the world has changed again. The pandemic is still with us and to some extent we seem to have learned to live with it and live our lives around it as best we can. The vaccination efforts have helped. Covid will most likely stay with us but hopefully not define our lives to the same extent anymore.

The world has changed in other terrible ways, however, with the Russian invasion of the Ukraine, the ensuing war, and the very disturbing change for the overall global security. The pictures and reports we all receive are deeply disturbing. The apparent deliberate targeting of civilians is thoroughly troubling and terrible.

As such, we felt compelled to bring you an on the ground report from our esteemed colleague Dr. Jacek Mazek from Poland, shedding some light on the suffering and humanitarian crisis because of this war.

To try to help we have also included links for donations to the International Red Cross and the Doctors Without Borders. This at least can provide support for aid in easing some of the suffering. This seems befitting for a medical organization we represent. Please strongly consider donating.

Returning to our regular business of the newsletter, there will be an update from each committee and also an overview of another research group.

Dr. Al Stubbs will provide us important updates with his President's Report. He provides an important reminder to all of us regarding membership renewal and also encourages participation at our upcoming annual meeting in Glasgow this October, highlighting apart from the impressive educational program also the wonderful social events.

Dr. Christoforetti provides us with a succinct General Secretary's Report and also extends an invitation to join us at the annual meeting in Glasgow.

Caroline Mackenzie, our ISHA Executive Director extra-ordinaire, provides us with an important update from the Secretariat. The focus is on updates of the Society's business, board members and the administrative relocation of the Society to the United Kingdom from Switzerland. I want to take this opportunity to thank Caroline and also Nicola Bogle for all their outstanding work and exceptional contributions to our Society. We would not be as strong without their tremendous efforts.

Dr. Femi Ayeni and Dr. Nicolas Bonin give us an updated Academy Committee Report. They highlight the access to great educational content comprised of presentations, abstracts and e-posters from the Melbourne ASM 2018 and now from the Madrid ASM 2019. But they also introduce the access to the latest content, including ISHA webinars, live surgeries, technical videos and webcasts from the 2020 - 2021 Virtual Education Programme, and now the recordings of the presentations given at ISHA's combined meeting with OrthoSummit in Las Vegas in December 2021.

We felt compelled to bring you an on the ground report from our esteemed colleague Dr. Jacek Mazek from Poland, shedding some light on the suffering and humanitarian crisis because of the war in the Ukraine.

Dr. Nobuyuki Watanabe and Dr. Soshi Uchida next provide a wonderful report covering the 3rd meeting of the Asian Society for Hip Arthroscopy in South Korea. The report highlights an exceptional educational programme and indicates that the meeting must have been a great success.

Dr. Femi Ayeni then provides us with an updated ISHA Research Committee Report and the exceptional work the committee has done under his great leadership. He emphasizes the established new rigorous standardized criteria for scientific surveys of the ISHA membership and also introduces Drs. Renato Locks and Ajay Malviya as the new leads of the Survey Subcommittee. ISHA research grants will be administered in the near future, once funding has been secured, and he also mentions that the curriculum for the virtual research fellowship has been finalized and it will be launched in the fall.

As part of our series showcasing research efforts from various research groups around the globe, Dr. Ben Domb and Ms. Jade Owens provide an overview of the current and future activities of the American Hip Institute highlighting the tremendous volume of contributions by Dr. Domb's group and also thoughts on the future of hip preservation and related research.

Dr. Filiep Bataillie provides us with a succinct update of the Membership Committee. He presents a review of the current membership and extends his gratitude to all members who have continued their membership with us this year and welcomes the new members to ISHA.

Nicolas Bonin gives us a great update on the excellent ESSKA meeting and ISHA Partner Symposium in Paris this spring. It sounds like the meeting was a great success and hopefully will be one of many similar collaborations and partnerships in the future.

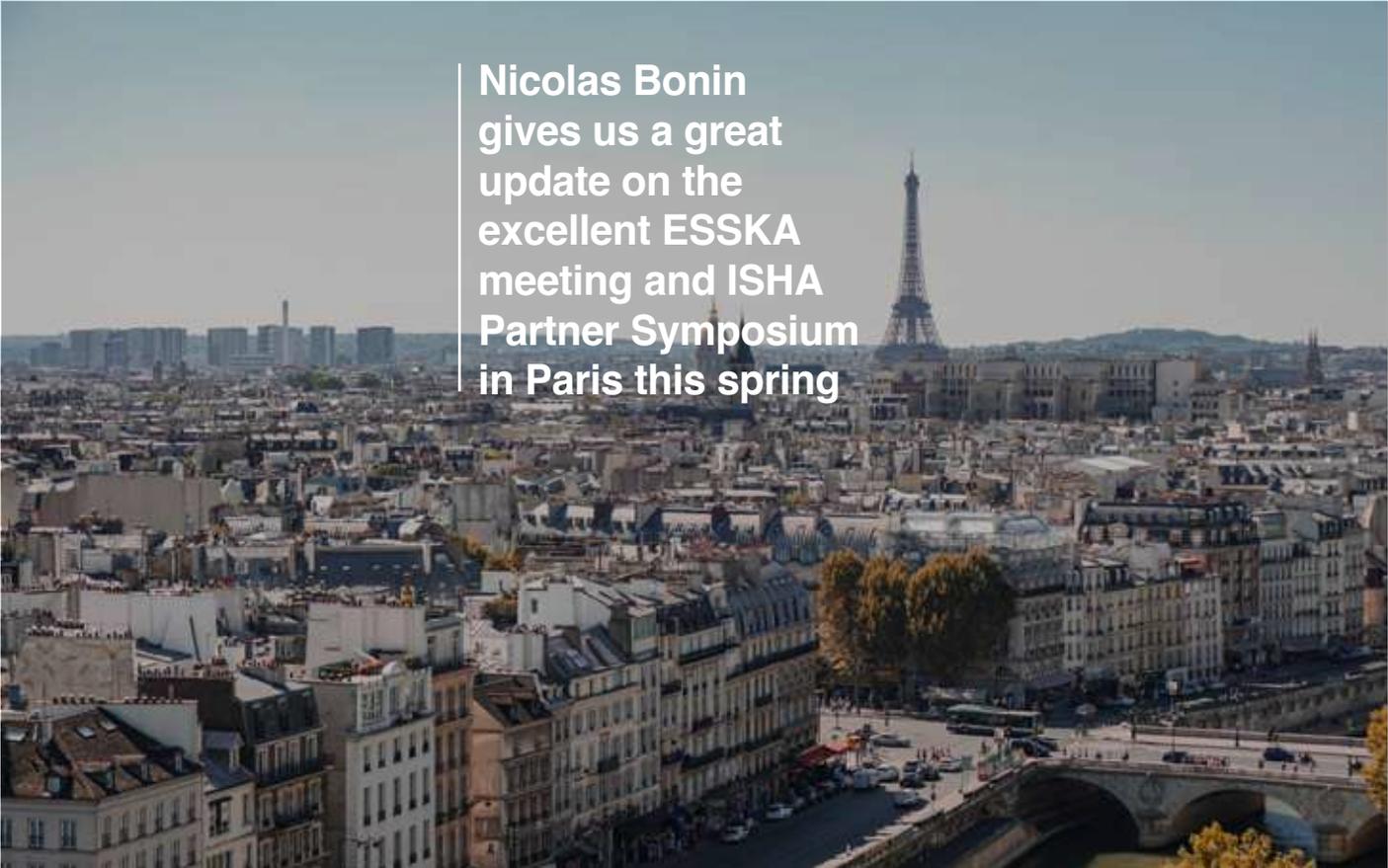
Professor Mike Voight and Professor Amir Takla present to us the current ISHA Physiotherapy Group Progress Report. They highlight the outstanding work this group has done on consensus papers and ask us, the ISHA members, to draw attention to these documents through their social media channels and practice. They also share the exciting news that the Physiotherapy Subgroup will be running the FIRST instructional physiotherapy hands on program this year at the annual meeting in Glasgow.

Dr. Marcelo Queiroz gives us a LATAM Subcommittee Update, providing an overview over the group's continued efforts to increase integration of Spanish and Portuguese speaking

countries. A highlight was ISHA Symposium as part of the SLARD (Latin America Society of Arthroscopy and Sports Medicine) International Meeting in Cartagena, Colombia, this past March. This was an important step in furthering the goals of the Subcommittee.

Our current president Dr. Al Stubbs and our immediate past president Mr. Tony Andrade share the ISHA Industry Committee Update. The report gives us an overview and insight into the immensely valuable support industry and our sponsors have given to ISHA and the various excellent educational activities this has allowed us to provide to our membership.

In his Education Committee Report Dr. Parm Singh provides us with insight into the excellent work and achievements of this group. Particularly the ISHA virtual learning programme, with a series of both live webinars and surgeries from leaders in the field of hip preservation surgery, represent a fabulous educational resource that is continuously expanded and integrated into the ISHA Academy Module for the benefit of our membership. A further highlight will be the introduction of the Trainee Mentorship Programme later in the year. He further highlights the partnership with PrecisionOS, a joint webinar with the American Orthopaedic



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Another exciting addition to ISHA's focus on providing modalities for training and education is the partnership with PrecisionOS, a virtual reality training platform and leading provider of virtual reality surgical training solutions for the medical industry.

Society of Sports Medicine (AOSSM), and information about the Continuing Medical Education (CME) credits for the 2020 and 2021 programme content. He also acknowledges the exceptional work of the Virtual Education Task Force.

Mr. Vikas Khanduja and Mr. Tony Andrade present the ISHA Registry Committee Update, with important information regarding developments of national and international registries, the regulatory environment providing an impetus to develop data collection for registries, and lastly also information relating specifically to the challenges and opportunities for the development and design of the ISHA Registry. This report gives us important context for this exciting and tremendous project.

Another exciting addition to ISHA's focus on providing modalities for training and education is the partnership with PrecisionOS, a virtual reality training platform and leading provider of virtual reality surgical training solutions for the medical industry. The partnership and provided technology will help surgeons worldwide gain access to virtual reality (VR) hip surgery training with the intended goal of improving outcomes for patients. Dr. Jovan Laskovski provides a fairly passionate and enthusiastic account of his experience with PrecisionOS and his thoughts on the technology.

Mr. Vikas Khanduja provides us with a report on this year's British Hip Society Meeting in Bournemouth. Reports like this are important to showcase the collaborations and partnerships ISHA is fostering throughout the world with other related societies and organizations. The goal is to

"crossfertilize" with other organizations to promote our society and ultimately further innovation and advance the quality of care for our patients through widening the scope of training and education.

In a double hitter, the indefatigable Dr. Marcelo Queiroz also gives us an Update from the Technology & Communications Committee and the ISHA Patient Information Committee Update. In compiling the newsletter introduction updates it seems that half of the contributions are from him. Thank you! The focus of the Technology & Communications Committee has been on the development of the new ISHA website. Some technical challenges had to be overcome to improve user friendliness. The launch of the website is planned to coincide with the ISHA 2022 Meeting in Glasgow and it sounds like we should be expecting a wonderful website to come. With regards to the Patient Education Committee, the focus has been on creating patient resources for the new ISHA website, drafting ISHA patient education leaflets, compiling patient education videos, together with the Physiotherapy Committee, as well as easy-to-understand patient education animations, and planning for discussions at the annual meeting focusing on patient education research.

As the program chair for the long awaited annual meeting in Glasgow this October, Mr. Vikas Khanduja introduces us to the exceptional educational and social activities lined up for the meeting. The breadth and depth of the program is a testimony to the hard work and vision of he and his team. He highlights the different categories of presentations, the

exceptional volunteerism of the reviewers, but also the great volume of instructional course lectures. He also introduces Dick Lynch, a pioneer and exceptional leader in our field, as the Presidential Speaker at the annual meeting. The social program sounds very exciting as well. All this would not have been possible without his dedication and commitment or that of Mr. Sanjeev Patil, the local host chair, but also not without the hard work of – as Vikas calls her – the "ISHA Queen", Caroline Mackenzie (hoping we will celebrate many ISHA jubilees under her regency), or without the input of the President, Al Stubbs, and the 13 members on the Scientific Committee. Our deepest gratitude goes out to all of you! We cannot wait!

Last but not least, Dr. Chuck Cakic as host chair, and Dr. Parm Singh as programme chair, are giving us a glimpse into the plans for the next exciting annual meeting planned in 2023 in Cape Town. So make sure to mark your calendars for that as well!

For now, however, we are all looking forward to our annual meeting in Glasgow this October and extend an invitation for all of you to join. Our hope is that as many as possible of you can attend to finally have an in-person meeting again as a forum to meet old friends and colleagues, make new friends, and share exciting updates on how our field is moving forward from all of you pushing it forward and helping our patients.

Be well and safe travels!

Tom
Thomas H. Wuerz,
M.D., M.Sc., FAAOS

People flee Ukraine before the War They need our help

Jacek Mazek, MD PhD, Poland



Dear Friends of ISHA,

On February 24 we have learned of Russia's military aggression against the democratic independent state of Ukraine. Everyone in my country was

shocked by this information. Older people, who still remember the horrors of World War II, were scared to death.

The question on everyone's mind was whether this was the beginning of another world armed conflict. Before the aggression more than 1 million Ukrainians lived and worked in Poland. However, on the day they learned of Russia's military assault on their country, they were terrified of what would happen to their loved ones who remained in Ukraine. Men began leaving Poland to stand up for their homeland, leaving their wives and children alone. Ukrainian children attending schools with Polish children come to lessons scared, unable to concentrate on their school duties.

In my daughter's class, there is a 17-year-old girl from Ukraine who every day has to worry about her grandparents and cousins who live in the area of the hostilities. Once again, we are at war in Europe.

The victims in this war are not only soldiers but largely civilians, including children, for whom life has just begun. With each passing day of the war, Poland is being flooded with horrifying news of attacks by the Russian army on the civilian population, including attacks on schools and hospitals.

Medical societies received information about the needs of Ukrainian hospitals, which are growing larger by the day. Ukrainian orthopedic surgeons, our friends and colleagues provided information about the needs of Ukrainian hospitals and sent us pictures of injuries to victims of the conflict. The pictures were horrifying.

Poles started to help fleeing refugees. Myself and my colleagues from the board of the Polish Arthroscopic Society organized five transports of medical supplies, external stabilizers, and equipment to treat gunshot wounds. Despite the huge involvement of the Polish society, the help is just a drop in the ocean of needs. We have even launched the production of low-cost external stabilizers in Poland. Medical convoys are finding it more and more difficult to reach the places covered by the war, but we are still managing to deliver aid. As of the date of writing this article, my country has already taken in over 2 million refugees from Ukraine. People in my country provide them with apartments, houses, and help them find jobs so that they can begin their lives as refugees. Children go to school and are taught Polish so that they can have a stable, normal education (about 10 hours of Polish a week). Polish children help them to get used to Polish school and try to help them to have a normal childhood.

I remember the war in former Yugoslavia, I was an officer and a doctor in the Polish army then and I took part in transporting war victims to Poland. It was a terrible time. I never imagined that war could break out again in Europe. Every day, new refugees from Ukraine cross the Polish border.

Polish hospitals are taking patients from oncological wards and children's hospitals.

Ukrainians cannot stay without material help from the world. As a citizen of a country that directly borders a country at war, I ask for help for Ukraine.

We, the Polish Arthroscopic Society, send help through the "See Me" Foundation. Through the foundation, we buy medical equipment that our friends, orthopedic surgeons from hospitals in Ukraine, are in desperate need right now. They write to us or call us with requests for specific items. Money donated to the foundation is used for such purchases. So far, all convoys have arrived to the designated hospitals through the warzones!!!

These are the photos of our colleagues after the Polish convoy arrived:



My only wish - May this war that takes the lives of innocent people come to an end. But there is no end in sight !!!

We, as citizens of Europe, Poles, who remember and who experienced the cruelty of war, appeal for help for Ukraine, for innocent people.

In conclusion, let me post information about the Foundation:

"FOUNDATION SEE ME"
SANTANDER BANK POLSKA
PL83 1090 2398 0000 0001 4982 6616

EURO €:
PL 92 1090 2398 0000 0001 4307 1859
SWIFT CODE: WBKPPLPP

USD \$:
PL 49 1090 2398 0000 0001 4690 2387
SWIFT CODE: WBKPPLPP

You can also make a donation via PAY PAL:
fundacja@zobaczmnie.org
with the same transfer title.
<https://www.paypal.com/pl/webapps/mpp/home>

Ukraine needs help from people of all democratic countries in the world !!!

Any ISHA members that would like to support medical efforts around the war in Ukraine may wish to do so via the official websites of the International Committee of the Red Cross or Medecins Sans Frontieres /Doctors Without Borders.