

## **ISHA - The Hip Preservation Society Global Travelling Fellowship 2025**

The purpose of the “ISHA - The Hip Preservation Society Global Travelling Fellowship” is to provide an educational programme intended to allow surgeons to develop their knowledge and skills in the field of hip preservation surgery.

The Fellowship is coordinated by the ISHA Fellowship Committee and the ISHA Office. It will provide the opportunity for two hip surgeons, who are within 5 years of starting their independent practice, to follow an international fellowship programme with some of the leading surgeons in hip preservation surgery. The Fellow will have the opportunity to spend a period with an ISHA approved surgeon in his/her home country as well as with two other surgeons on two different continents.

The geographical regions are as follows

- Europe (to include Turkey)
- North America
- South America
- Asia/Oceania
- Africa, Middle East

At each surgical centre, the fellow will have the opportunity to observe and to be closely involved (as an assistant) in arthroscopic surgery performed by a leading ISHA approved surgeon, to discuss surgical procedures and all aspects of patient management, and to share research experience.

The list of allocated consultant surgeons will be compiled by ISHA in cooperation with industry partners. Allocated consultant surgeons have to be members of ISHA with knowledge and experience in hip preservation surgery and teaching at the required level. The list of consultant surgeons is approved by the ISHA Board and the ISHA Fellowship Committee.

### **Application requirements**

The applicant should have at least one year of hip preservation surgery experience, be able to speak English, have completed an orthopaedic surgery residency and have a specific interest in developing a practice focusing on hip preservation surgery.

Applicants are required to submit:

- full professional curriculum vitae
- a covering letter
- 2 letters of recommendation – from a senior colleague or a current ISHA Member
- a 300-word essay explaining how they will use the knowledge and skills gained from the fellowship, academic, clinical and teaching goals on return to their home country
- applicants have to be able to afford 2 months away from their practice
- to be eligible applicants have to be **ISHA** members in good standing; in addition, as an indication of good will, successful applicants must be willing to maintain their ISHA membership for a minimum of 3 years following their fellowship

**All applications must be submitted by Thursday 1<sup>st</sup> May 2025. Please email completed applications and supporting materials to: [member@ishasoc.org](mailto:member@ishasoc.org).**

### **Review Process**

Applications will be reviewed and graded, and the successful fellow will be selected by the ISHA Fellowship Committee in May/June 2025 for the fellowship to be completed before October 2026.

### **Fellowship**

The Fellowship involves a programme of four weeks minimum, organised in a timeframe suitable to all parties. The fellowship programme must be approved by the ISHA Fellowship Chair and ISHA Office.

### **CONCEPT**

The ISHA Global Travelling Fellowship will consist of three parts:

- 1.) Part one will take place in the respective home country or region of the Fellow. This part of the Fellowship will consist of practical training with a national consultant. In this part of the Fellowship, the Fellow surgeon will be introduced to basic, intermediate and advanced techniques of hip preservation, depending on the starting level defined on the interview. This part of the Fellowship should take up the first 4 weeks. During this time, if circumstances will allow, the Fellow should be exposed to a cadaver workshop as well.
- 2.) Second part of the Fellowship should be for the period of 4 weeks and should take place before the Annual ISHA Meeting. During that period, the Fellows will be visiting 2-3 international experts in the field of hip preservation. During that time the Fellow will be able to observe surgery, be involved in pre-operative as well post-operative clinical work. Involvement in surgery will depend on medical-legal regulations.
- 3.) Final round of the Fellowship will be at the Annual Meeting. Fellows must document their travels, write a report of the experience to present at the ISHA Meeting, as well as submission for possible publication at the ISHA website/Newsletter. The Fellows should be prepared to present their experience of the fellowship as a 10 min "Travelling Fellowship Breakdown – Year ....".

The Fellowship grant will cover travel costs to include local travel costs, accommodation, meals and other disbursements to the value of the grant.

### **Fellows must:**

- document their travels, present a ten-minute summary at the ISHA Annual Scientific Conference, in Bruges, Belgium 8–10 October 2026 (registration fees will be waived)
- write a report of the experience for publication in the ISHA Newsletter

**For any questions, please contact Caroline Mackenzie at the ISHA Executive Office  
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